

ANTI-DOPING - GUIDELINES

Introduction

All players, parents, administrators, and officials involved in tennis have anti-doping responsibilities and should familiarise themselves with the guidance outlined within this document and the 'Clean Tennis' materials, housed on the LTA website - www.lta.org.uk/compete/anti-doping/

Terminology

- WADA - World Anti-Doping Agency (Responsible for coordinating anti-doping activity globally and for the World Anti-Doping Code)
- UKAD – UK Anti-Doping (The UK National Anti-Doping Organisation)
- ITIA – International Tennis Integrity Agency (Independent body responsible the international level anti-doping programme on behalf of the ITF)

The Prohibited List is published by WADA contains all those substances that are banned for use in sport. They are on the list because they are considered to be either performance enhancing, against the spirit of sport or are harmful to health.

The list includes anabolic steroids, stimulants, blood doping agents, growth hormone, many 'social' or 'recreational' drugs, and a range of other substances, some of which are used for legitimate medical treatments. The Prohibited List is available here: www.wada-ama.org

The Definition of Doping is fully described by the World Anti-Doping Code. There are 11 anti-doping rule violations:

- The presence of a prohibited substance in an athlete's sample
- Use or attempted use by an athlete of a prohibited substance
- Evading, refusing, or failing to submit to sample collection
- Whereabouts failures
- Possession of a prohibited substance
- Administration to any athlete of a prohibited substance
- Tampering or attempted tampering with doping control
- Trafficking or attempted trafficking in any prohibited substance
- Complicity: assisting, encouraging, aiding, abetting, conspiring, covering up of doping
- Prohibited association:
- Protection of whistle-blowers: acts to discourage or retaliate against reporting to authorities

The use of prohibited substances may or may not be a breach of the anti-doping rules and is dependent on a number of factors. If you have concerns about the use of such substances, you should report this to the LTA. If the concern is not ultimately deemed to be a doping offence, it may still be considered a breach of the LTA Code of Conduct and may be dealt with as Misconduct under the LTA Disciplinary Code.

LTA Disciplinary Code - The LTA has in place anti-doping regulations for tennis in Britain which forms part of the LTA Disciplinary Code. Although the majority of anti-doping testing takes place at professional levels of the game, it is important to note that all participants in tennis in Britain are subject to the regulations, including players, coaches, staff, volunteers, committee members, officials, and other support personnel.

The LTA, UK Anti-Doping (UKAD) and the ITIA have exclusive jurisdiction for investigating and managing the disciplinary process for possible Anti-Doping Rule Violations in tennis.

Conduct related to the use of prohibited substances that is not an Anti-Doping Rule Violation may constitute Misconduct under the LTA Code of Conduct and will be dealt with in accordance with LTA Disciplinary Code.

The LTA has jurisdiction for investigating and managing misconduct allegations. At the sole discretion of the LTA Disciplinary Officer a case will either be managed centrally by the LTA or may be referred to the County for resolution.

Reporting doping in Sport is everyone's responsibility. Anyone who has a concern about doping should report their concern directly to the LTA Anti-Doping Officer: anti-doping@lta.org.uk.

Please note that the LTA is required to share such concerns with UK Anti-Doping. If you do not feel comfortable raising a concern with the LTA, you can also report your concerns directly by the following independent service:

Protect Your Sport (run by UK Anti-Doping)

Email: protectyoursport@reportdoping.com

Online: <https://forms.theiline.co.uk/ukad>

Telephone: [08000 32 23 32](tel:08000322332)

Training

Free online training is available via the Clean Sport Hub: <https://ukad.enetlearn.com/Login/?c=82>

Introduction to Clean Sport: for anyone who would like to learn more about anti-doping.

Coach Clean: we recommend this course for any other coaches working with performance tennis players.

Further Information

If you have any queries regarding this document, please contact the LTA Anti-Doping Officer (anti-doping@lta.org.uk) or visit the LTA website www.lta.org.uk/clean-tennis.

LTA: anti-doping@lta.org.uk and www.lta.org.uk/clean-tennis

UKAD: www.ukad.org.uk

ITIA: <https://www.itia.tennis>

WADA: <https://www.wada-ama.org/en>