

# LTA PADEL INSTRUCTOR QUALIFICATION – NOW LIVE

## Background

After more than 18 months in development and piloting, the LTA have produced their first ever non-tennis qualification, with the release of the LTA Padel Instructor to Coach Development Centres for delivery nationwide. Instructor sits at Level 2 on the LTA coach education pathways for tennis and padel, and in time, alongside the growth in courts, coaches, and programmes, we will develop a level 1, LTA Padel Assistant, to create an army of assistants to support and facilitate lead coaches in larger group sessions.

## Qualification overview

Having undertaken an industry insight survey in 2019, we have responded to industry calls to increase the rigour of LTA qualifications to match the challenges and demands of the role of a coach. The Padel Instructor qualification provides trainee coaches with a full toolbox of knowledge and skills needed to grow the game via inspirational coaching.

The course comprises:

- Padel Instructor Readiness Test – this ensures that candidates have the necessary Padel skills and experience to be ready for the course curriculum
- 4 days' core training with the course tutor to develop core coaching skills
- Online coursework portfolio to enhance coaching and Padel knowledge
- 8 hours' qualification experience to practice coaching skills and methodology learned on the course
- Remote, video-based, Summative Assessment with their own players in their own venue
- A five-hour Elective workshop, from a choice of two
  - o How to Coach the Double Glass
  - o Coaching Kids' Padel

*\* Both Electives are available to non-qualification candidates as standalone CPD*

This means that there are now three CPD workshops and a qualification on the Official Course Menu for Padel, and as the number of courts proliferates we expect the demand for coaches, and therefore these courses, to continue to grow.

## Next steps

We begin work on the LTA Padel Coach qualification (level 3) early in 2024, and Padel Assistant will be released as and when the industry requires it. In tandem with the launch of the LTA Padel Instructor, we have secured some strategic funding to target female coaches to undertake the Padel

Instructor qualification. Coaches with a disability can apply for support through the centrally held Disability grant, and there's an Ethnically Diverse Coaches pilot in operation across several counties, which can include Padel qualifications.