

HERTS INSPIRES MY TENNIS FUTURE

CREATING TENNIS OPPORTUNITY AND EXPERIENCES FOR JUNIOR TENNIS PLAYERS

The Herts Inspires My Tennis Future programme is for Hertfordshire qualifying tennis players in school year 10 and above who are actively involved in tennis and have a keen interest in exploring and / or pursuing tennis as a career or university pathway, developing their game and expanding their tennis knowledge and experience

The programme provide selected participants with the following:

- * Access to Day in the Life of a Tennis Professional work experiences
- * Volunteer opportunities through Tennis Pay Back at county events
- * Higher Education and Careers advice / guidance
- * On court workshops and access to performance squads
- * Involvement in a recognised county programme
- * Opportunity to advance personal playing levels
- * Discounted enrolment fee for LTA Level 1 and Level 2 courses (UCoach)
- * Access to dedicated LTA Tennis Leaders Courses at reduced cost
- * Participants t-shirt

On achievement of set criteria participants qualify for:

- * Award of a Certificate of Achievement detailing level of attendance, commitment and professionalism
- * Opportunity to request references for employment / university / DofE
- * Opportunity to apply for ongoing career path training / support

Annual commitment criteria

- 1 - Attend one on-court training workshop and one career workshop
- 2 - Attend two Day in the Life of a Tennis Professional experiences
- 3 - Volunteer at one Herts Tennis Pay Back event
- 4 - Attend an annual event for all participants
- 5 - Submit an end of programme report
- 6 - Uphold the Herts Tennis values and be a positive tennis ambassador
- 7 - Uphold the Herts Player "Commitment to Fair Play & Professional Conduct"

Additional options

- 1 - Support with steps to achieving coaching qualifications
- 2 - Involvement in County Training & team preparations as a hitter/assistant
- 3 - Opportunity to attend Performance Squad Training
- 4 - Potential to provide hitting/assistant services to Herts Juniors / clubs

Discounted Coach Education Course Fees

LTA Leaders Course = minus 15%

Ucoach LTA Level 1 Assistant = minus 15% / LTA Level 2 Instructor = minus 10% (max 5 spaces per course)

Personal playing development opportunities

On court training workshops

Day in the life of a tennis professional experiences

Access to squad training

Involvement in County events

Career and higher education advice

Support with steps towards coach qualifications

The Programme is for:

- * Hertfordshire qualifying juniors in school year 10 & above who have participated in County training or nominated by their tennis club/coach
- * Players must have a committed interest in tennis and a positive attitude towards achieving the programme criteria

Participation Cost = £100
(The programme is not for profit and is funded by Herts tennis)

2020—2021 Applications

Interested players are required to submit an application and be available for an introduction session as required. For details and applications email: teresa.lilley@ntlworld.com

HERTS TENNIS

Honesty – Excellence – Resilience – Teamwork - Sportsmanship