

Herts County Training Structure 2020 - 2021

Herts Tennis is recognised for having a progressive and successful County programme and invests greatly to support the development of players by providing regular County training opportunities for the strongest Herts players.

County Training forms part of the LTA's Player Performance Pathway and is funded by Herts Tennis and in part by the LTA. For further details about the LTA Pathway please visit <https://www.lta.org.uk/play-compete/performance-tennis-players/player-pathway/>

County Training Structure

8 & under Red

- 2 x annual Herts Tennis Potential sessions (Autumn and Summer)
- 3 x sessions leading up to the Under 8 East Region Inter County Tournament

Additional county level training is organised through the Herts Tennis Clubs and Performance Network.

9 & under Orange, 10 & under Green, 11, 12 and 14 & under Yellow ball

- **Winter Block** – sessions timetabled between October – December
- **Spring Block** - sessions timetable from January leading up to the Orange Festival, Lionel Cox and County Cup competitions
- **Summer Block** – Mixed / Age combined Summer Doubles training

Under 16 – 18's

- Under 16's Boys – 3 x sessions timetabled between October – December
- Under 16's Girls – 3 x sessions timetabled between October – December
- Under 18's Boys and Girls County Cup Team selection sessions leading up to the County Cup

Maximum/Target invite 12 boys and 12 girls

Reserves may be invited where spaces available and levels appropriate

County Training delivery, structure and selection criteria is reviewed annually

Tennis coaches and clubs are encouraged to nominate players for county training consideration/selection

The above structure subject to change

For County training selection details visit: <https://hertstennis.co.uk/wp-content/uploads/2020/09/Herts-County-Training-Selection-Information-Winter-Block-2020.pdf>