

# UCOACH Workshops

## EMERGENCY FIRST AID AT WORK



### Emergency First Aid At Work

HSE and LTA Approved

This course is ideal for smaller workplace settings that present few health and safety risks. The course covers basic life saving first aid and workplace health and safety regulations.

Syllabus includes:

- Safety (First Aid) Regulations
- Managing an accident
- The priorities of First Aid
- Treatment of an unconscious casualty
- Resuscitation
- Shock, choking, seizures, bleeding
- Common workplace injuries.

Assessment:

Assessment is continuous throughout the course by the trainer.

**Venue:** Batchwood Tennis Centre

**Dates:** Sunday 27<sup>th</sup> September 2020

**Cost:** £70 - 6 credits

**Book Online @** [www.ucoach.org.uk/workshops](http://www.ucoach.org.uk/workshops)

