





## Creating Safe, Supporting Tennis Environments for Children What Parents/Carers can do:

Listen to your child
Keep tennis fun
Respect everyone
See something, say something

Parents/Guardians play a vital role in keeping children safe from physical and emotional harm, in their mental well-being and in respecting their autonomy in sport.

Herts Tennis support the NSPCC message of Keeping Your Child Safe in Sport and have joined forces with the Herts Sports Partnership in encouraging Parents/Carers to commit to supporting a positive environment for all children, coaches, officials and spectators.

LTA parent behaviour focuses on being a positive role model by encouraging, being respectful, promoting self-worth, maintaining boundaries and supporting a player's development rather than just the outcome. During a match, be a calm presence, avoid pressure and let the child lead. Avoid shouting or negative reactions, overly intense behaviour or creating a stressful environment.

The LTA Safe to Play Campaign aims to create a positive experience by preventing and identifying abuse in our sport. Information and resources are available to parents and young people covering topics like 'Coping with competition demands' and 'Wellbeing' at: <a href="https://www.safetoplaytennis.co.uk">www.safetoplaytennis.co.uk</a>

## **Safeguarding and Inclusion**

The County Safeguarding Officer will ensure Herts Tennis safeguarding policies and procedures are regularly reviewed and that a Safeguarding Plan and Risk Assessment is prepared for all Herts Tennis training programmes, competitions and events.

The County Performance Manager will obtain any emergency contact details/written consent forms, ensure all necessary safeguarding/first aid training and DBS checks are up to date and that the programme, competition or event guidelines, supervision arrangements, LTA/County Safeguarding, EDI, Photography/Filming and Social Media policies and Codes of Conduct are upheld by all their participants:

https://www.lta.org.uk/about-us-safeguarding/ https://www.hertstennis.co.uk/about/about-us/safeguarding

## In an emergency ring 999

You may also contact the following directly:

- LTA: Report any safeguarding concerns by scanning the QR Code above or by using the secure form at <a href="https://www.lta.org.uk/safeguarding">www.lta.org.uk/safeguarding</a>
- Local Authority Designated Officer: Children Services: 0300 123 4043/Adult Services: 0300 123 4042
- NSPCC: 0800 800 5000 for advice
- County Safeguarding Officer: <u>csohertfordshire@gmail.com</u> for guidance

**Support and Information** - The LTA have put together an online guide containing key information to help parents support their child on their tennis journey to include a free Competition Parenting Course, which may be found at:

https://www.lta.org.uk/compete/parents-area