

# HERTS INSPIRES MY TENNIS FUTURE

## CREATING TENNIS OPPORTUNITY AND EXPERIENCES FOR JUNIOR TENNIS PLAYERS

The Herts Inspires My Tennis Future programme is for Hertfordshire qualifying tennis players in school year 9 and above who are actively involved in tennis and have a keen interest in exploring and / or pursuing tennis as a career or university pathway, developing their game and expanding their tennis knowledge and experience

### The annual programme will provide selected participants with:

- \* Working in the World of Tennis opportunities
- \* Volunteer opportunities at county events
- \* Higher Education and Careers advice / guidance
- \* On court workshops and opportunity to advance personal playing levels
- \* Opportunity for discount on Ucoach - LTA Assistant / Instructor courses
- \* Access to LTA Tennis Leaders Courses at reduced cost
- \* Involvement in a recognised county programme
- \* Participants t-shirt

### On completion and evidence of commitment participants qualify for:

- \* Opportunity to request references for employment / university
- \* Support with steps to achieving coaching qualifications
- \* Opportunity to apply for ongoing career path training / support
- \* Option to enrol and continue with the programme
- \* Ongoing support / opportunity to be involved with Herts Tennis activities

### Annual commitment: criteria

- 1 - Attend one on-court training workshop and one career workshop
- 2 - Attend one Working in the World of Tennis experience
- 3 - Volunteer at one Herts County event
- 4 - Uphold the Herts Tennis values and be a positive tennis ambassador
- 5 - Uphold the Herts Tennis "Code of Conduct for Players"

### Other opportunities

- 1 - Support with DofE / LTA qualification courses
- 2 - Involvement in County Training & team preparations as a hitter/assistant
- 3 - Opportunity to be involved with additional tennis events and activities
- 4 - Opportunity to court supervise / assist referees with local tournaments

#### Discounted Coach Education Course Fees

LTA Leaders Course = minus 15%

Ucoach LTA Level 1 Assistant = minus 15% / LTA Level 2 Instructor = minus 10%

Five spaces per course and discount applies to courses taken within 18 months of starting the programme

**Honesty – Excellence – Resilience – Teamwork - Sportsmanship**

Personal playing  
development  
opportunities

On court training  
workshops

Experiences  
"Working in the  
World of Tennis"

Involvement in  
County events

Career and higher  
education advice

Support with steps  
towards coach  
qualifications

The Programme is for:

\* Hertfordshire qualifying  
juniors in school year 9 &  
above who have  
participated in County  
training or nominated by  
their tennis club/coach  
\* Players must have a  
committed interest in  
tennis and a positive  
attitude towards achieving  
the programme criteria  
(Programme duration = 12  
months, with option to sign-  
up for following years)

Annual Participation fee =  
£100 (The programme is not  
for profit and funded by Herts  
tennis)

For further details and applications  
please email:  
[hertstennisperformance@gmail.com](mailto:hertstennisperformance@gmail.com)

**HERTS TENNIS**