HERTS INSPIRES MY TENNIS FUTURE

CREATING TENNIS OPPORTUNITY AND EXPERIENCES FOR JUNIOR TENNIS PLAYERS

The Herts Inspires My Tennis Future programme is for Hertfordshire qualifying tennis players in school year 9 and above who are actively involved in tennis and have a keen interest in exploring and / or pursuing tennis as a career or university pathway, developing their game and expanding their tennis knowledge and experience

The annual programme will provide selected participants with:

- * Experience "Working in the World of Tennis" opportunities
- * Volunteer opportunities through Tennis Pay Back at county events
- * Higher Education and Careers advice / guidance
- * On court works hops and opportunity to advance personal playing levels
- * Opportunity for discount on Ucoach LTA Assistant / Instructor courses
- * Access to LTA Tennis Leaders Courses at reduced cost
- * Involvement in a recognised county programme
- * Participants t-shirt

On completion and evidence of commitment participants qualify for:

- *Award of a Certificate of Achievement detailing level of attendance, commitment and professionalism
- *Opportunity to request references for employment / university / DofE
- *Opportunity to apply for ongoing career path training / support
- *Option to enrol and continue with the programme

Annual commitment: criteria

- 1 Attend one on-court training workshop and one career workshop
- 2 Attend two "Working in the World of Tennis" experiences
- 3 Volunteer at one Herts Tennis Pay Back event
- 4 Submit an end of programme report
- **5** Uphold the Herts Tennis values and be a positive tennis ambassador
- 6 Uphold the Herts Tennis "Code of Conduct for Players"

Other opportunities

- 1 Support with steps to achieving coaching qualifications
- 2 Involvement in County Training & team preparations as a hitter/assistant
- 3 Opportunity to attend Performance Squad Training
- 4 Additional tennis events and activities

Discounted Coach Education Course Fees LTA Leaders Course = minus 15%

Ucoach LTA Level 1 Assistant = minus 15% / LTA Level 2 Instructor = minus 10%

Five spaces per course and discount applies to courses taken within 18 months of starting the programme

Personal playing development opportunities

On court training workshops

Experiences "Working in the World of Tennis"

Involvement in **County events**

Career and higher education advice

Support with steps towards coach qualifications

The Programme is for: *Hertfordshire qualifying juniors in school year 9 & above who have participated in County training or nominated by their tennis club/coach * Players must have a committed interest in tennis and a positive attitude towards achieving the programme criteria (Programme duration = 12 months, with option to signup for following years)

Annual Participation fee = £100 (The programme is not for profit and funded by Herts

For further details and applications hertstennisperformance@gmail.com

