

Herts County Training Structure and Selection Criteria

Herts Tennis is recognised by the LTA as having progressive and successful County structures in place and Herts Tennis invests greatly to support the development of players across the junior age groups by providing regular County training opportunities for our strongest players.

Herts County Training is free and is funded by Herts Tennis and in part by the LTA.

County Training Structure

Under 16 – 18's

- Under 18's Boys and Girls – 3 training/selection sessions December – February leading up to the County Cup.
- Under 16's Boys – 3 training/selection sessions October – December.

Maximum 12 boys and 12 girls invited. (Reserves are invited if places are available).

Under 9's, 10's, 12's, 14's

3 x blocks of training with 3 sessions per block.

- Block 1 - 3 sessions timetabled between September – December (where possible one timetabled before the 12 Counties competition). For selected players in the relevant age group for the Winter season
- Block 2 - 3 sessions between January – March. Plus one Lionel Cox practice for selected team and one County Cup practice for the under 12's and under 9's prior to the event. For selected players in the relevant age group for the upcoming summer season.
- Block 3 - 3 sessions timetabled June – August. For selected players in the relevant age group for that season.

Additional sessions organised leading up to Lionel Cox / County Cup events as required.

Maximum 12 boys and 12 girls invited. (Reserves are invited if places are available).

Under 8's

- 3 x practices October – December and leading up to the Inter-County Selection.
- 3 x girls and 3 x boys practices January - March leading up to the Under 8 East Region Inter County Tournament.
- 3 x practices June – August leading up to the Herts Junior County Championships

County Training Selection Criteria

- Under 9's and under 10's - highest rated / players competing on a regular basis at grade 4 or higher / Current form.
- Under 12's, Under 14's, Under 16's & Under 18's - highest ranked players (ratings and competitive level will also be taken into consideration)
- Under 8's – Block 1 = Mini-Red players nominated by their club to attend mini-red fun-day with the players showing high competitive potential invited to attend a block of training sessions. Block 2 = Highest rated in qualifying age group and nominated players invited to a selection event with top 8 qualifying boys & girl invited to training. Block 3 = Clubs involved in the Winter Mini-Tennis league nominate top 2 boys and top 2 girls for selection.

Selection advice is sought from the LTA performance team and head coaches as required.
Players allocated with “LTA passports” may be invited to older age group training where appropriate.

County training forms part of the LTA’s Player Performance Pathway. For further details please visit <https://www.lta.org.uk/play-compete/performance-tennis-players/player-pathway/>

Herts Tennis Values: Honesty-Excellence-Resilience-Teamwork-Sportsmanship